

JUNEE PRESCHOOL POLICIES

Toileting and Nappy Change Policy *Quality Area 2: Children's Health and Safety*

Policy Statement

Meeting the needs of children by providing a safe and hygienic place for children to toilet or be changed is a basic need that is important for children's comfort and happiness.

"Nappy changing and toileting rituals are also valuable opportunities to promote children's learning, meet individual needs and to develop strong relationships with children. Having their needs met in a caring and responsive way builds children's sense of trust and security—which relates strongly to the Early Years Learning Framework." p.66, Guide to the Education and Care Services National Law and the Education and Care Services National Regulations 2011

Goals / What are we going to do?

The Preschool will follow best practice guidelines for toileting and nappy changing to ensure the area is hygienic and to reduce the spread of infectious disease. The Preschool aims to make the toilet/nappy change experience a relaxed, happy and social routine that provides an opportunity for educators and children to further develop trusting and positive relationships.

Strategies / How will it be done?

The Approved Providers will:

- ◀ Provide adequate and appropriate hygienic toilet and nappy changing facilities;
- ◀ Ensure that adult hand washing facilities are located within easy reach of the toilet/nappy change area;
- ◀ Provide appropriate children's hand washing facilities within the toilet area;
- ◀ Ensure that the toilet facilities are designed and maintained in a way that facilitates supervision of children at all times, having regard to the need to maintain the rights and dignity of the children.

Policy Review Date May 2023

JUNEE PRESCHOOL POLICIES

The Nominated Supervisor will:

- ◁ Develop and implement policies, procedures and training with educators to ensure toilet/nappy change procedures that support children's safety, protection, relationships and learning.
- ◁ Develop systems with educators to ensure that soiled clothing and soiled nappies are disposed of or stored in a location children cannot access.

Educators will:

- ◁ Discuss children's individual needs with families to ensure practices are reflective of the home environment and are culturally sensitive;
- ◁ Provide information to families regarding children's toilet training;
- ◁ At regular intervals and each time a child's nappy is changed, the child will be encouraged to sit on the toilet after having their nappy removed, to encourage toilet training. This will be made a positive experience to encourage children's toilet training.
- ◁ Educators will devise a toilet training plan with the child's family and other professionals involved with the child.
- ◁ Educators will practice effective hygiene by utilising the 'Staying Healthy in Child Care' practices when changing a nappy to reduce the spread of infection. These are:
 - » Place paper towel on the nappy change mat.
 - » Put on gloves.
 - » Remove the nappy and place in a disposable bag.
 - » Remove any soiled or wet clothing.
 - » Clean the child's bottom.
 - » Remove the paper towel and put it in the disposable bag.
 - » Remove the gloves, peeling them back from the wrist and turning them inside out as they are removed, then disposing of them in the disposable bag.
 - » Place a clean nappy on the child
 - » Dress the child.
 - » Wash and dry their hands.
 - » Return the child to the play area.
 - » Clean the nappy change mat and area with lemon disinfectant. Nappy change mats will be placed in direct sunlight after being cleaned where possible.
 - » Then wash your hands.
- ◁ Educators will discuss hygienic toilet procedure with all children.
- ◁ Educators will provide visual representations of toilet hygiene in toilet and hand washing areas.

JUNEE PRESCHOOL POLICIES

- ◁ Educators will ensure the toilets are flushed regularly, and that there is adequate toilet paper, soap and hand towels.
- ◁ Educators will wipe down the basins and mop the floors as required, and at other times when required.

This policy links to General Health and Well-Being Procedures.

SOURCES

- ◁ The NSW Work Health and Safety Act 2011 – www.safework.nsw.gov.au/law-and-policy/legislation-and-codes/work-health-and-safety-legislation
- ◁ Storage and Handling of Dangerous Goods: Guidance – www.safework.nsw.gov.au/__data/assets/pdf_file/0005/50729/storage-handling-dangerous-goods-1354.pdf
- ◁ Approved First Aid Qualifications – www.acecqa.gov.au/qualifications/approved-first-aid-qualifications
- ◁ Health and Safety in Children's Centres: Model Policies and Practices (2nd ed.) – www.community.nsw.gov.au/docswr/_assets/main/documents/childcare_model_policies.pdf

LINKS TO:

- ◁ Education and Care Services National Regulations: 77, 106
- ◁ National Quality Standards 2